

**ISSUE: 1**

**5**

fun activities

**YOU'LL NEED:**  
a pen or pencil  
and crayons

**LOTS OF USEFUL SAFETY TIPS INSIDE!**

# BE A BIKE SAFETY HERO



**SAFE  
K:DS**

NORTH CAROLINA

NC DEPARTMENT OF INSURANCE  
**MIKE CAUSEY, COMMISSIONER**

NORTH CAROLINA

**GOVERNOR'S  
HIGHWAY SAFETY  
PROGRAM**

1-888-347-3737

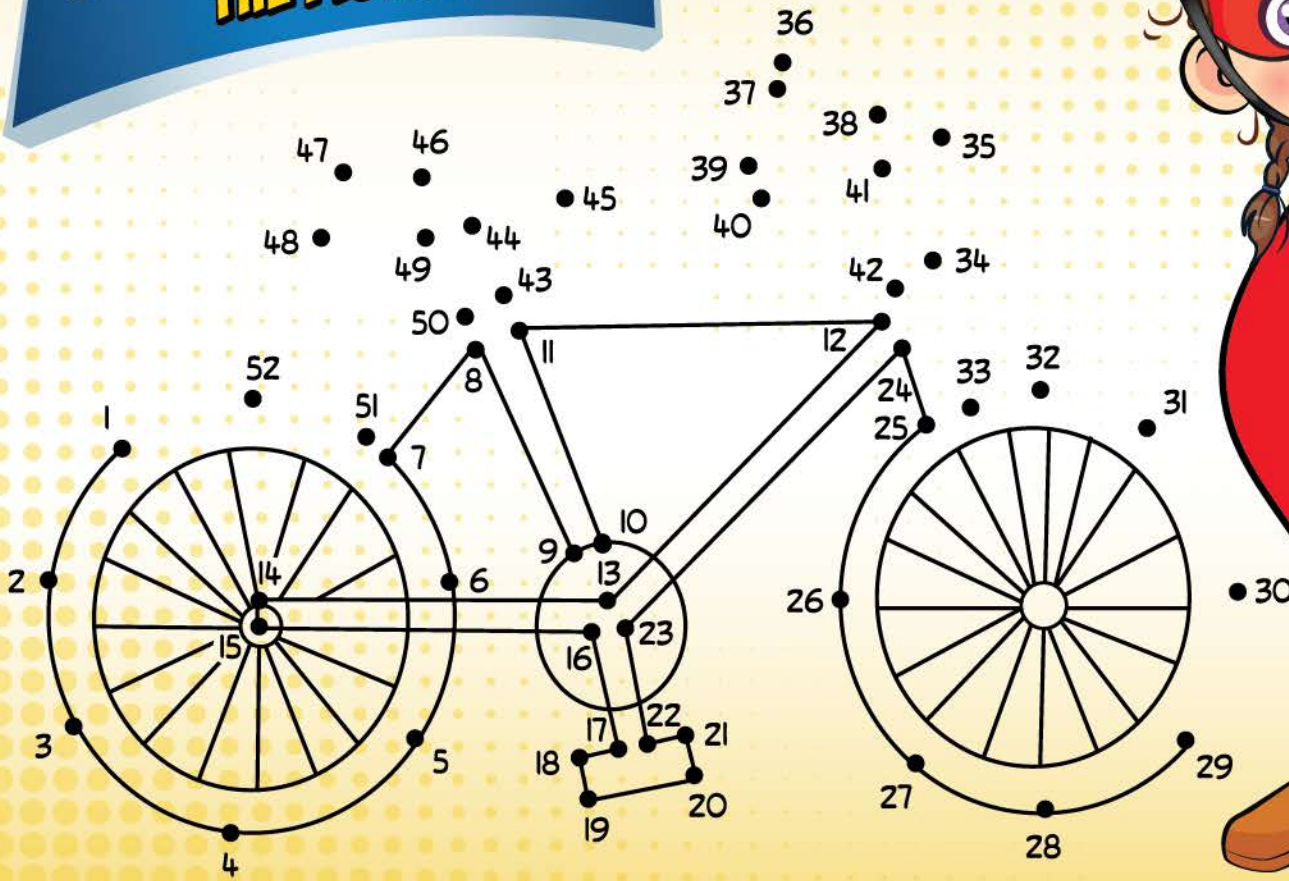
[safekidsnc.org](http://safekidsnc.org)





**BE BRIGHT AND USE LIGHTS!** MAKE SURE YOUR BIKE HAS REFLECTORS. IT'S SMART TO ALWAYS WEAR A BIKE HELMET AND HIGH VISIBILITY GEAR TO HELP KEEP YOU SAFE. BIKE HEADLIGHTS AREN'T JUST FOR YOU TO SEE WHERE YOU'RE GOING, BUT FOR OTHERS TO SEE YOU.

**JOIN THE DOTS TO FINISH THE PICTURE**



## **BIKE SAFETY TIPS**

Ride on the sidewalk when you can. If not, ride in the same direction as traffic as far on the right-hand side as possible.

Check your equipment (brakes, tires, reflectors, chains, etc.)

Wear a properly-fitted helmet and bright colors.

Use hand signals and follow the rules of the road.

Reflectors on your clothes and bike will help you be seen.